

Cath's Menu Plan February 2008

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Mon	Tue	Wed	Thu	Fri	Sat	Sun
				1 Honey mustard chicken & vegetables	2 Enchiladas	3 Roast Chicken & veg
4 Pasta bake	5 Chicken fried rice, homemade spring rolls	6 Mock fish, wedges, salad	7 BBQ sausages, vegetables and onion gravy	8 Stuffed chicken legs & salad	9 Hamburgers	10 Roast Lamb & veg
11 Spaghetti Bolognese	12 Lamb wraps	13 Tuna mornay with rice	14 Tacos	15 Impossible Quiche, salads	16 Sausage Wellingtons & veg	17 Roast Chicken & veg
18 Vegballs & spaghetti	19 Sweet & Sour chicken, fried rice	20 Fish cakes, chips, coleslaw	21 Rissoles, vegetables and tomato gravy	22 Haystacks	23 Homemade Subs	24 Roast Lamb & veg
25 Macaroni cheese with vegetables	26 Lamb fritters, gravy & vegetables	27 Salmon quiche, salad	28 Schnitzels, potato bake, peas, corn, carrot, tomato gravy	29 Vegetable lasagne, salad, garlic bread		

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