

~ Cath's Menu Planner February 2012 ~						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
			<b>1</b> Chicken schnitzel, wedges and salad	<b>2</b> Homemade meat pie, mash, peas, carrot straws and cauliflower	<b>3</b> Honey mustard chicken fillets, mash, beans and corn	<b>4</b> Toasted sandwiches
<b>5</b> Roast chicken, baked veggies & gravy	<b>6</b> Tomato & onion quiche, salad	<b>7</b> Chicken fried rice, spring rolls	<b>8</b> Mexican meatballs, savoury rice	<b>9</b> Beef curry, steamed rice	<b>10</b> BBQ steak, salad, mushroom gravy	<b>11</b> Hamburgers
<b>12</b> Greek lamb, herbed roast veggies, gravy, mint sauce	<b>13</b> Fish cakes, gems, coleslaw	<b>14</b> French shepherd's pie, steamed greens, corn cobs	<b>15</b> Spaghetti bolognese, salad, garlic bread	<b>16</b> Honey soy drumsticks, fried rice	<b>17</b> Sausage Wellingtons, salad	<b>18</b> Haystacks
<b>19</b> Roast chicken, baked veggies, gravy	<b>20</b> Rissoles, salad	<b>21</b> Chicken & sweet corn soup, toasted muffins	<b>22</b> Silverside, potato bake, cabbage and carrots	<b>23</b> Moussaka, tossed salad	<b>24</b> Corned beef pie, salad	<b>25</b> Jaffles
<b>26</b> Mustard coated beef, baked veggies, gravy	<b>27</b> Sweet'n'sour veggies and Singapore noodles	<b>28</b> Beef slices in gravy, mash, steamed greens, carrots, corn	<b>29</b> Sausages, mash, steamed peas, corn, carrots, onion gravy	<b>Notes:</b>		

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