

Cath's Menu Plan April 2008

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Mon	Tue	Wed	Thu	Fri	Sat	Sun
	1 <i>Shepherds Pie</i>	2 <i>Stuffed drumsticks, salad</i>	3 <i>Sausage Wellingtons, steamed vegetables, mushroom</i>	4 <i>Mock Fish, wedges, salad</i>	5 <i>Homemade vege burgers</i>	6 <i>Roast Chicken & vegetables</i>
7 <i>Kebabs with homemade falafel</i>	8 <i>Singapore noodles, use leftover roast chicken</i>	9 <i>Curried tuna slice, salad</i>	10 <i>Schnitzels, sliced potatoes and salad</i>	11 <i>Company roast, vegetables</i>	12 <i>Spaghetti Bolognese, salad, garlic bread</i>	13 <i>Leg of Lamb, roast vegetables</i>
14 <i>Chilli Con Carne, corn bread</i>	15 <i>Homemade pie, mashed potato, peas, gravy</i>	16 <i>Tomato & Onion quiche, chips, salad</i>	17 <i>Meatloaf, vegetables, gravy</i>	18 <i>Tomato Vegetable Soup, toasted crumpets</i>	19 <i>Swedish meatballs</i>	20 <i>Roast Chicken & vegetables</i>
21 <i>Mexican Lasagne, salad</i>	22 <i>Vegetable pasta bake, salad</i>	23 <i>Crumbed sausages, vegetables</i>	24 <i>Vegetarian Moussaka, tossed salad</i>	25 <i>Nutty rice croquettes, vegetables</i>	26 <i>Spanish rice, salad</i>	27 <i>Roast Beef, roast vegetables</i>
28 <i>Potato & Corn soup, bread rolls</i>	29 <i>Enchiladas</i>	30 <i>Lamb hotpot, savoury rice</i>				

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