

Cath's Meal Planner May 2014

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 MOO Pizza night	2 Sausage wellingtons, salad	3 Hamburgers
4 Roast lamb, baked veggies, gravy, mint sauce	5 Fish cakes and coleslaw	6 Spaghetti Bolognese, salad	7 Chicken parmas, wedges, moussaka	8 MOO Pizza night	9 Cream cheese patties, salad	10 Chicken curry over rice
11 Roast chicken, baked veggies, gravy	12 Tacos	13 Lamb in gravy, mash, steamed greens	14 Refrigerator lasagne and salad	15 MOO Pizza night	16 Schnitzels, mash, steamed greens, tomato gravy	17 Tuna mornay, bread rolls
18 Roast beef, baked vegetables, gravy	19 Chicken soup, toasted muffins	20 Silverside, mash, peas, corn, carrot, cheese sauce	21 Chicken pie, sweet potato mash, greens	22 MOO Pizza night	23 Honey soy chicken & veg over noodles	24 Muffin Surprise
25 Roast chicken, baked veggies, gravy	26 Bean chilli, cornbread	27 French steak, mash, steamed greens	28 Corned beef pie, broccoli, carrot, relish dressing	29 MOO Pizza night	30 Stuffed potatoes	31 Pumpkin soup, crumpets

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