

Cath's Meal Planner June 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Honey mustard chicken, steamed rice & greens	2 MOO Pizza	3 Company roast, baked veg	4 Muffin Surprise
5 Roast Chicken	6 Beef casserole, mash, peas	7 Wellington loaf, steamed veggies	8 Chicken fried rice, spring rolls*	9 MOO Pizza	10 Refrigerator Lasagne, tossed salad	11 Haystacks
12 Roast Lamb	13 French shepherds pie, steamed greens	14 Spaghetti Bolognese, salad, garlic bread	15 Pot roast, veggies	16 MOO Pizza	17 Enchiladas, tossed salad	18 Homemade hamburgers
19 Roast Chicken	20 Pasta bake, tossed salad, garlic bread	21 Herb rissoles, steamed veg, gravy	22 Fish Alaska	23 MOO Pizza	24 Cream cheese patties, steamed veg	25 Lamb souvlaki
26 Roast Beef	27 Sweet & Sour Chicken & noodles	28 Curried sausages, rice	29 Swiss schnitzels, steamed veg	30 MOO Pizza	Notes:	

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