

~ Cath's Meal Planner December 2012 ~

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 Barbecue chops, salad
2 Roast chicken and rice	3 Silverside, salad	4 Pasta bake, garlic bread, salad	5 Cornbeef hash	6 Vegetable moussaka, tossed salad	7 Nachos	8 Haystacks
9 Roast beef, baked veggies, gravy	10 Rissoles, mash, steamed greens	11 Honey mustard chicken, steamed greens, mash	12 Sausage dogs with coleslaw & buns	13 Refrigerator lasagne, tossed salad	14 Chicken burgers	15 Tacos
16 Roast chicken, baked veggies, gravy	17 Grilled steak, tossed salad	18 Chicken enchiladas	19 Fish'n'wedges, coleslaw	20 Cream cheese patties, tossed salad	21 Italian meatballs & spaghetti, tossed salad	22 Pizza
23 Wellington loaf, tossed salad	24 Barbecue and salad	25 Christmas Dinner	26 Honey soy stir-fry noodles	27 Turkey pot pies, tossed salad	28 Quiche & salad	29 Sausage rolls
30 Roast lamb, garlic & rosemary baked vegetables, mint sauce, gravy	31 New Year's Eve barbecue	Notes:				

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