

MOO Scrub Blocks

*This free tip sheet was produced by the Cheapskates Club –
www.cheapskates.com.au*

Sometimes you need a little more oomph than a liquid cleaner can provide. These MOO Scrub Blocks are just the thing. Cheap, easy to make and brilliant at shifting stubborn stains and mineral deposits these scrub blocks should be in every household cleaning kit.

MOO Scrub Blocks

You will need:

1/2 cup bicarbonate soda

1/2 cup washing soda

1/2 cup liquid castile soap*

20 drops Eucalyptus essential oil

A small round take-away container or a silicone patty cake mould - you need to be able to get the bar/s out of the mould without breaking it/them

Step 1. In a medium bowl, combine the baking soda and washing soda.

Step 2. Drop in the essential oils and stir, stir, stir to make sure they are all thoroughly combined.

Step 3. Add the castile soap and start stirring immediately. The mixture will start to solidify as the soap and bicarb soda mix. *You need to be quick with this step, and do it in a well-ventilated area (I mixed it under the exhaust fan in the kitchen) as there will be fumes. They won't hurt you and you won't be able to smell them but they are there - it's the chemical reaction of the washing soda and castile soap.*

Step 4. Quickly scoop the mixture into your moulds, patting it down firmly and leveling off the tops so the blocks will stick together. Let the blocks dry overnight, then remove from the moulds and let them air dry for another 24 hours so they are completely dry and hard.

To use your scrub block wet the surface you want to clean and then gently scrub over the dirt/scum/mineral build up. Once you've scrubbed the scum/dirt/mineral build-up away, rinse it off and dry with a soft, clean cloth.

*If you are going to use essential oils use plain castile soap. The essential oil is optional, but eucalyptus leaves such a clean smell and it has great grease-cutting and germ killing power. If you don't like eucalyptus, try lemon or orange or a combination of both (10 drops lemon, 10 drops orange). Citrus oils also have grease-cutting and germ killing power.

If you choose to leave the essential oils out you can use peppermint or orange castile soap, they both smell lovely.

*The Cheapskates Club
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time and energy and still have fun!
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