

MOO Your Makeup

*This free tip sheet was produced by the Cheapskates Club –
www.cheapskates.com.au*

Here are some make-up products that you can enjoy making yourself:

Eye Shadow

Grind different shades of mica in a mini grinder and combine with a powder binder to create your own eye shadow. This gives you control of not only the materials and ingredients, but also the colours that you create. Eye shadow is one of the easier cosmetics that you can make at home.

Blush

Blush is another easy-to-make cosmetic. You don't need a powder binder; you simply need to find the right mixture of micas. Combine Splendid mica, Oriental beige mica, and Bordeaux mica in a bowl and mix thoroughly until all colours are blended. Empty into a sifting jar to easily dispense the finished blush powder.



Lipstick

You can buy a lipstick kit that comes with the necessary ingredients, or make your own lipstick using natural ingredients like mica, iron oxide, castor oil, beeswax, carnauba wax, and lanolin. Lipstick is a more complicated cosmetic to make from home, but there are many recipes available online for adventurous individuals. You can also make lip balm from home in a similar way, especially using beeswax lip balm recipes. Some of the necessary ingredients include lanolin and beeswax, honey, cocoa butter, and oils. Making your own lip balm is not as difficult, but it does take a tried-and-true recipe.

Mascara

Skip the goopy black stuff. Lightly apply Vaseline or lip balm to your lashes, then very gently apply your homemade eye shadow in order to add a pigment to your lashes. This actually looks a lot more natural and less thick and goopy on your lashes, plus it contains far fewer chemicals and additives.

Makeup Remover Pads

Create reusable makeup remover pads using pieces of micro fleece and backing from flannel. Sew the two materials together in different shapes to create washable makeup remover pads that you can use again and again.

There are a variety of resources available for making your own cosmetics and skin care products. If you don't have a natural ingredients shop in your area, do an online search for "homemade make-up recipes" or "homemade make-up ingredients."

Experiment with natural materials like shea butter, cocoa butter, oatmeal, honey, and beeswax to create natural products that your skin will thank you for and your wallet will love!