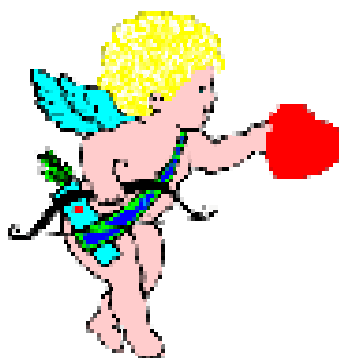


Cheapskates Journal's Guide: A Priceless Valentine's Day

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Start the day off with a romantic and delicious Valentine's Day breakfast. We love pink pancakes with strawberry jam, Fruit Loops and apple and black-currant juice or strawberry milk.



Look out for a heart shaped cookie cutter and use it to use hearts of toast. Spread with strawberry jam. Or make heart shaped pancakes (cook the pancake and then use the cookie cutter to cut the shape).

Something cute for the kids: a pocketful of love.

This is a great way to recycle those old jeans. Cut the back pockets off a pair of old jeans and with the wrong sides together stitch around one side, the bottom and then up the other side, leaving the top open. Fill the pocket with chocolates, wrapped lollies, silk flowers—whatever you like. Write a love note on a piece of paper and slip it into the pocket.

I Love You Balloons

Make up a lot of love sayings and print them on scrolls of paper. Roll them up and put them into red and white balloons. Then blow up the balloons and tie in bunches. The balloons can be popped one a day until Valentine's Day, or they can all be popped at once.

Love Coupons

What about "love coupons"? You can print them yourself and each coupon can be redeemed for something special the vouchers that can be redeemed throughout the year. They might include:

- One back rub
- Breakfast in bed
- One get out of the dishes
- A child-free shopping spree
- A car wash and polish
- Lunches for a week
- One neck massage
- One scented bath
- One free lawn mowing session
- One free car wash
- One foot massage
- One weekend of videos of your choice
- One picnic in the park
- A weekend rendezvous for two

