

# Save 10% on Your Grocery Bill

*This free tip sheet was produced by the Cheapskates Club –  
[www.cheapskates.com.au](http://www.cheapskates.com.au)*

## **Always do your grocery shopping alone.**

Leave the family at home. You will not only spend less money, you will save time and come home far less frustrated.

## **Whenever possible, know the prices of the items you are buying.**

Don't trust the scanner - they have been known to be wrong. Keep an eye on your shopping as it is scanned and if you are unsure of a price, ask for a price check.

## **Check the store policy on goods that scan incorrectly.**

Often you will receive the item for free if it has been scanned incorrectly at a greater price.

## **Always take from the back of the shelves.**

If you are shopping at a store that still individually prices each item always check the back of the shelves (when you are buying non-perishable items) as these goods are often marked at the old price. Of course, be sure that the old price is the cheaper price.



## **Consider joining a food co-op.**

Or starting your own – five or six families will be enough to get you started. You then gain the benefits of buying in bulk without having to worry about the storage.

## **Get to know your grocery stores and discount warehouses.**

You will know which store is about to have particular items such as soap powder, toilet paper, margarine or cereals on sale. Manufacturers often have them in a cycle - on sale at a different supermarket each week.

## **Look for discount coupons and don't be afraid to use them.**

They can save you a small fortune over the course of a year. Naturally, you would only use them if you need the items on the coupons.

## **Don't be afraid to try generic brands.**

They have to come from somewhere and chances are the generic is the end run of a regular, more expensive brand name. If you don't like it you can go back to your regular brand next time. If you do like it you can save 20 – 60% of the price.

*The Cheapskates Club  
Showing you how to save money, time  
and energy and still have fun!  
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