

# Cath's Menu Plan January 2011

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 New Year's BBQ – steak, chicken wings, salads, bread rolls
2 Roast chicken, baked vegetables & gravy	3 BBQ sausages, salad	4 Chicken fried rice, spring rolls, dipping sauces	5 Cream cheese patties, salads	6 Tacos, tossed salad	7 Grilled fish, wedges, coleslaw	8 Homemade hamburgers
9 Greek style lamb, garlic & rosemary potatoes, baked	10 Cold lamb, salads	11 Tandoori chops, rice, homemade naan	12 Chicken strips, salads	13 Corn fritters, salads	14 Sausage wellingtons, baked vegetables, mushroom gravy	15 Haystacks
16 Roast beef, baked vegetables, gravy	17 Schnitzels, oven chips, salads	18 Roast beef and gravy rolls	19 Mexican lasagne, salad	20 Risssoles, mashed potato, steamed greens, gravy	21 BBQ, salad	22 Kebabs
23 Roast chicken, baked potatoes, greens, gravy	24 BBQ steak, salad, bread rolls	25 Curried chicken, savoury rice, papadams	26 Meatloaf, gravy & salad	27 Vegetable quiche, salad	28 Chicken Enchiladas	29 Homemade sausage rolls, salad
30 Roast Beef, baked vegetables & gravy	31 Cold roast beef & salads					