

## February 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Rissoles, salad	2 MOO Pizza	3 Quick Rice Patties, salad	4 Haystacks
5 Roast Beef & Veg	6 Fish, wedges, coleslaw	7 Spag bol, garlic bread, salad	8 Cottage Pie, veggies	9 MOO Pizza	10 Grilled chicken, salad	11 Hamburgers
12 Roast Chicken & Veg	13 BBQ Sausages, onion jam, salad	14 Pumpkin ravioli, salad	15 Sweet'n'sour chicken, noodles	16 MOO Pizza	17 Macaroni Cheese, salad	18 Tacos
19 Roast Lamb & Veg	20 BBQ Salad	21 Lasagne, salad	22 Lamb wraps	23 MOO Pizza	24 Fish cakes, salad	25 Freezer Meals
26 Roast Chicken & Veg	27 BBQ Meatloaf, salad	28 Creamy Sun Dried Tomato Fettucine, salad				