

Cath's February Menu Plan

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 <i>Mexican Lasagne</i>	2 Shepherds Pie, Peas, Corn,	3 Homemade Pizza Rolls	4 Muffin Surprise
5 Roast Chicken, baked veggies & gravy	6 Tuna Casserole	7 Spag Bol, garlic bread, salad	8 Mixed Veg. Quiche & Salad	9 Mock Chicken Schnitzels	10 Stuffed Potatoes	11 Enchiladas
12 Roast Lamb, baked veggies & gravy, mint sauce	13 Rissoles & Veg	14 BBQ & Potato bake	15 Butter Chicken, Rice, Naan	16 Corn Fritters, Chips and Salad	17 <i>Mock Fish, Chips, Salad</i>	18 Hamburgers
19 Roast Chicken, baked veggies & gravy	20 <i>Vego Pasta Bake</i>	21 Sweet Chilli Veg. Stir Fry & Noodles	22 Tacos	23 Thai Fish Cakes	24 <i>Mock Beef Wellington & Veg</i>	25 Fried Rice, Lemon Chicken
26 Roast Lamb, baked veggies & gravy, mint sauce	27 Honey Mustard Chicken	28 Spag Bol				

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