

# Cath's Meal Planner February 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<b>1</b> BBQ steak & salad	<b>2</b> Black Bean & Corn Enchiladas	<b>3</b> Sausages & salad	<b>4</b> MOO Pizza	<b>5</b> Chicken fried rice	<b>6</b> Tuna Melts
<b>7</b> Roast Beef	<b>8</b> Tacos	<b>9</b> Kransky, potato bake	<b>10</b> Cold roast beef & salad	<b>11</b> MOO Pizza	<b>12</b> Cream cheese rice patties & salad	<b>13</b> BBQ minted lamb chops & salads
<b>14</b> Roast Chicken	<b>15</b> Vegetable moussaka	<b>16</b> BBQ sausages & salads	<b>17</b> Satay chicken & fried rice	<b>18</b> MOO Pizza	<b>19</b> Curried tuna slice & salad	<b>20</b> Muffin surprise
<b>21</b> Roast Lamb	<b>22</b> Impossible Quiche & salad	<b>23</b> Lamb rollups & salad	<b>24</b> Stir-fried vegetables & Singapore noodles	<b>25</b> MOO Pizza	<b>26</b> Vegetarian plum skewers & fried rice	<b>27</b> BBQ chicken wings & salads
<b>28</b> Roast Chicken	<b>29</b> BBQ & salads	<b>Notes:</b>				