

# Cath's Meal Plan March 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Thai fish cakes, salad	2 Muffin Surprise
3 Roast Beef	4 Fish, gems, coleslaw	5 Ricotta Gnocchi, salad	6 Honey mustard chicken, veggies	7 MOO Pizza	8 Corn Fritters, salad	9 Tacos
10 Roast Chicken	11 Mexican Meatballs, rice	12 Spinach Ricotta Cannelloni, salad	13 Chicken burgers	14 MOO Pizza	15 Cheese & Veggie Rolls, salad	16 Meatball subs
17 Roast Lamb	18 Sweet'n'Sour Meatballs, rice	19 Vegetable Lasagne, salad	20 Haystacks	21 MOO Pizza	22 Tuna Surprise	23 Deville'd Chicken Wings, salad
24 Roast Chicken	25 Curried Tuna Slice, veggies	26 Spag bol, salad	27 Schnitzels, veg, tomato gravy	28 MOO Pizza	29 Quiche, salad	30 Hamburgers
31 Roast beef						