## Cath's Menu Plan March 2008 cheapskates.com.au

Mon	Tue	Wed	Thu	Fri	Sat	Sun
					1 Enchiladas	2 Roast Chicken & baked vegeta- bles
3 Corn Fritters & salad	4 Spaghetti and meatballs	5 Curried Tuna Slice, salad	6 Hunza Pie	7 Vegetables & Almonds, fried rice	8 Fish, potato gems & coleslaw	9 Roast Lamb, baked vegetables, gravy
10 Schnitzels, vegetables, to- mato gravy	11 Lasagne, salad, garlic bread	12 Salmon pat- ties, chips & salad	13 Walnut Bur- gers, salad, buns	14 Cream cheese patties, with salad	15 Sub sand- wiches, choc chip cookies	16 Roast Chicken & baked vegetables
17 Garbanzo bean casserole, mashed potato	18 Rissoles, vege- tables	19 Devilled Chicken Wings	20 Haystacks	21 Vegetable Pies	22 Tacos	23 Roast Lamb, baked vegetables, gravy
24 Wellington Loaf, scalloped potato, greens	25 Sausages, vegetables	26 Sweet Lamb Curry, rice, pap- padums	27 Meatloaf & vegetables	28 Sweet & Sour meatballs, rice	29 Muffin Sur- prise	30 Roast Chicken & baked vegetables
31						

The Cheapskates Club -Showing you how to cut the cost of everyday living and still have fun!

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