

Cath's Meal Plan March 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Meatloaf	2 Creamy Pumpkin Fettucine	3 Curried chicken, rice, naan	4 MOO Pizza	5 Mushroom Quiche, wedges, salad	6 Tacos
7 Roast Lamb	8 Curried Tuna Slice	9 Chicken Tetrzzini	10 Open souvlaki	11 MOO Pizza	12 Veggie Stir-fry & noodles	13 Haystacks
14 Roast Chicken	15 Sausage Casserole	16 Spag Bol	17 Chicken Quesadillas	18 MOO Pizza	19 Mock Schnitzels, veggies, tomato gravy	20 Hamburgers
21 Roast Beef	22 Marinated Chicken & Salad	23 Poor Man's Lasagne	24 Curried Beef & Rice	25 MOO Pizza	26 Fish, potato gems, coleslaw	27 Meatballs Subs
28 Roast Chicken	29 Mince stew, mash	30 Tortellini	31 Chicken & Veg soup			