

April 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Muffin Surprise
2 Roast Beef & Veg	3 Burrito Pie	4 Lasagne & salad, garlic bread	5 Curried Sausages, rice	6 MOO Pizza	7 Corn Fritters, salad	8 Honey Mustard Roast Beef Toasted Sandwiches
9 Roast Chicken & Veg	10 Meat pie, veggies	11 Lasagne Rolls, salad	12 Chicken broccoli stir fry	13 MOO Pizza	14 Spanish Rice	15 Baked BBQ Chicken sandwiches
16 Roast Lamb & Veg	17 Tuna Surprise	18 Italian Sausage Pasta Bake	19 Corned beef, mash, veggies	20 MOO Pizza	21 Quiche & salad	22 Freezer Meals
23 Roast Chicken & Veg	24 Quick Rice Patties, veggies	25 Spag bol, salad	26 Corned beef pie, veggies	27 MOO Pizza	28 Old Fashioned Meatloaf, veggies	29 Cheesy Filled & Grilled Quesadillas
30 Roast Beef & Veg						