

Cath's Meal Plan April 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Meat pie, salad	2 Lasagne, salad	3 Sausage Wellingtons, veg	4 MOO Pizza	5 Muffin Surprise	6 Enchiladas, salad
7 Roast Chicken	8 Chicken pot pie, mash, veg	9 Spinach Ricotta Ravioli, salad	10 Corned beef, veg, mustard sauce	11 MOO Pizza	12 Tacos	13 Stuffed Potatoes
14 Roast Lamb	15 French Shepherd's Pie, veg	16 Refrigerator Lasagne	17 Mexican Meatballs, rice	18 MOO Pizza	19 Fish cakes, coleslaw	20 Haystacks
21 Roast Chicken	22 Tuna Surprise	23 Spag bol, salad	24 Soup & crumpets	25 MOO Pizza	26 Toasted Sandwiches	27 Fried Rice, spring rolls
28 Roast Beef	29 Satay Chicken, rice	30 Pasta Bake				