

Cath's Meal Plan April 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 Chilli & Cornbread	2 MOO Pizza	3 Fish Pie	4 Enchiladas
5 Roast Chicken & veg	6 Meatloaf & veggies	7 Stuffed shells	8 Italian Vegetarian Meatballs, veggies	9 MOO Pizza	10 Tuna Surprise	11 Soup & Crumpets
12 Roast Lamb & Veg	13 Beef & Corn Burritos	14 Spag bol	15 Moussaka & salad	16 MOO Pizza	17 Hamburgers	18 Haystacks
19 Roast Chicken & Veg	20 Sausages, veg, onion gravy	21 Ravioli & salad	22 Curried Chicken & rice	23 MOO Pizza	24 Quiche & salad	25 Muffin Surprise
26 Roast Beef & Veg	27 Chicken Kiev, rice, veggies	28 Vegetable Lasagne	29 Enchiladas	30 MOO Pizza		