

# Cath's Meal Planner April 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 BBQ lamb chops, salad	2 Spinach Ricotta Lasagne, salad	3 <a href="#">Haystacks</a> *	4 MOO Pizza	5 Curried Tuna Slice*, salads	6 Enchiladas, rice, salad
7 Roast Beef	8 Stuffed drumsticks, veggies	9 Veggie Pasta Bake, salad	10 Fish, wedges, salad	11 MOO Pizza	12 Peanut Rice Rissoles, Salad	13 Muffin Surprise
14 Roast Chicken	15 Baked Chicken Enchiladas	16 <a href="#">Cheesy Broccoli &amp; Ham Pasta</a> *	17 Curried Lamb & Veggies, Rice	18 MOO Pizza	19 Meat Loaf & Veggies	20 Hamburgers
21 Roast Lamb	22 <a href="#">Italian Vegetarian Meatballs</a>	23 Spag Bol, salad, garlic bread	24 Sweet lamb curry, steamed rice	25 MOO Pizza	26 <a href="#">Mock Fish</a> & Chips, salad	27 Cheesy Filled & Grilled Quesadillas
28 Roast Chicken	29 Sir-fry with left-over chicken & noodles	30 Lasagne & salad				

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