

# Cath's Meal Plan April 2020

| Sunday           | Monday                                 | Tuesday                      | Wednesday                                 | Thursday     | Friday                                     | Saturday               |
|------------------|--|------------------------------|---|--------------|--|------------------------|
|                  |  |                              | 1 Butter Chicken, Rice, Naan              | 2 MOO Pizza  | 3 Swedish Meatballs, noodles, white sauce  | 4 Hawaiian Haystacks   |
| 5 Roast Beef     | 6 Fried Rice, Lemon Chicken            | 7 Refrigerator Lasagne       | 8 Savoury Impossible Pie, steamed veggies | 9 MOO Pizza  | 10 Smoked Cod in White Sauce – Good Friday | 11 BBQ sausages, salad |
| 12 Roast Chicken | 13 Cream Cheese Patties, salad         | 14 Creamy Chicken Pasta Bake | 15 Sausage Casserole, veggies, mash       | 16 MOO Pizza | 17 BBQ, salads                             | 18 Freezer Meals       |
| 19 Roast Lamb    | 20 Stir-fry noodles, chicken & veggies | 21 Ricotta Gnocchi           | 22 French Shepherd's Pie                  | 23 MOO Pizza | 24 Zucchini Slice, salad, wedges           | 25 Tacos               |
| 26 Roast Chicken | 27 French Steak, veggies, baked potato | 28 Spag Bol                  | 29 Sweet'n'Sour chicken, fried rice       | 30 MOO Pizza |  |                        |

©The Cheapskates Club

[www.cheapskatesclub.net](http://www.cheapskatesclub.net)

Free printable for personal use only. Do not reprint, reproduce or republish without written permission