

Cath's Meal Plan May 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Lemon Chicken, rice	2 MOO Pizza	3 Vegetable Moussaka	4 Scrambled Eggs on toast
5 Roast Chicken	6 Corned beef, veg, mustard sauce	7 Ricotta Gnocchi, salad	8 Meat pie, vegetables	9 MOO Pizza	10 Beef casserole, mash, veg	11 Muffin Surprise
12 Roast Lamb	13 Butter Chicken, rice	14 Mexican Lasagne, salad	15 Sweet Lamb Curry, rice	16 MOO Pizza	17 Fish, wedges, coleslaw	18 Tomato soup & grilled cheese
19 Roast Chicken	20 Chicken pie, mash, veg	21 Spag bol, salad	22 Stuffed Potatoes	23 MOO Pizza	24 Quiche, salad	25 Hamburgers
26 Roast Beef	27 Tuna Surprise	28 Lasagne, salad	29 Apricot Chicken, veg	30 MOO Pizza	31 Haystacks	