

Cath's Meal Plan May 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 Spanish Rice & salad	2 Toasties
3 Roast Chicken, baked veg	4 Curried Sausages & rice	5 Creamy Beef Fettucine	6 Tuna Surprise & salad	7 MOO Pizza	8 Crusty Mince Loaf & salad	9 Soup & Crumpets
10 Roast Lamb, baked veg	11 Honey Glazed Drumsticks & veggies	12 Spag bol	13 Quick Rice Patties, Salad	14 MOO Pizza	15 Meat pie, mash, veggies	16 Toasties
17 Roast Chicken, baked veg	18 Chilli & Cornbread	19 Pasta Bake	20 Beef stew & mash	21 MOO Pizza	22 Quiche & salad	23 Cheeseburgers
24 Roast Beef, baked veg	25 Schnitzels, mash, veggies	26 Chicken & mushroom fettucine	27 Chicken Curry & Rice	28 MOO Pizza	29 Fish, wedges, coleslaw	30 Baked beans on toast
31 Roast Chicken, baked veg						