

Cath's Meal Plan May 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						Soup & Toast ¹
Roast Lamb ²	Meatloaf ³	Ravioli ⁴	Lamb & Mushroom Pie ⁵	MOO Pizza ⁶	Corn fritters, salad ⁷	Tacos ⁸
Roast Chicken ⁹	Curried Sausages ¹⁰	Spag bol ¹¹	Fish cakes, wedges, salad ¹²	MOO Pizza ¹³	Vegetable Moussaka ¹⁴	Hamburgers ¹⁵
Roast Beef ¹⁶	Schnitzels, potato bake, green salad ¹⁷	Pasta Alfredo, salad ¹⁸	Cottage Pie ¹⁹	MOO Pizza ²⁰	Fish, potato gems, coleslaw ²¹	Meatball Subs ²²
Roast Chicken ²³	Tacos ²⁴	Spag & meatballs ²⁵	Chicken & Corn fritters ²⁶	MOO Pizza ²⁷	Mushroom Risotto ²⁸	Soup & Crumpets ²⁹
Roast Lamb ³⁰	Corn fritters, salad ³¹					

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