

Cath's Meal Plan June 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Enchiladas
2 Roast Chicken	3 French Steak, veg	4 Spinach Ricotta Ravioli, salad	5 Quick Rice Patties, veg	6 MOO Pizza	7 Soup & toast	8 Muffin Surprise
9 Roast Lamb	10 Mexican meatballs, savory rice	11 Spaghetti & Meatballs	12 French Shepherd's Pie, veg	13 MOO Pizza	14 Tuna Surprise, salad	15 Hamburgers
16 Roast Chicken	17 Curried tuna slice, salad	18 Spag bol, salad	19 Sweet'n'Sour Chicken, rice	20 MOO Pizza	21 Toasted Sandwiches	22 Stuffed Potatoes
23 Roast Beef	24 Apricot Chicken, veg	25 Pasta Bake, salad	26 Haystacks	27 MOO Pizza	28 Muffin Surprise	29 Family Pastie, salad
30 Roast Chicken						