

~ Cath's Menu Planner June 2012 ~

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Sausage Wellingtons, hassleback potatoes, beans, corn, honey carrots	2 Haystacks
3 Roast Lamb, baked veggies, mint sauce & gravy	4 Apricot chicken, savoury rice	5 Spaghetti Bolognese, garlic bread, salad	6 Fish cakes, wedges, colseslaw	7 Silverside, mashed potato, cauliflower, broccoli, carrots	8 Curried chicken, fried rice	9 Hamburgers
10 Roast chicken, baked veggies & gravy	11 Rissoles, yellow mash, steamed greens, onion gravy	12 Lasagne, tossed salad, garlic bread	13 Schnitzels, baked potatoes, carrots, peas, broccoli	14 Beef stew in crockpot, mashed potato	15 Chinese mince	16 Soup and toasted crumpets
17 Roast beef, baked veggies & gravy	18 French shepherd's pie, peas, cauliflower, carrot	19 Spaghetti Bolognese, garlic bread, salad	20 Curried sausages and rice	21 Fish burgers	22 Lamb hot pot, mashed pumpkin, beans	23 Tacos
24 Roast chicken, baked veggies & gravy	25 Sweet'n'sour chicken, fried rice	26 Tortellini, salad, garlic bread	27 Casserole, mash, steamed greens	28 Pizza, garlic bread, salad	29 Tomato soup, grilled cheese on toast	30 Homemade pies, chips, gravy

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