

# Cath's Meal Planner June 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Lamb curry, steamed rice, papadums	2 Chicken enchiladas
3 Roast Chicken	4 Salmon quiche	5 Vegetable Pasta bake, salad	6 Curried Rice patties	7 Moo Pizza	8 Fish cakes, tossed salad	9 Toasted Sandwiches
10 Roast Beef	11 Schnitzels, vegetables, tomato gravy	12 Spinach & Feta Ravioli, salad, garlic bread	13 Mexican meatballs, rice, green salad	14 Moo Pizza	15 Muffin surprise	16 Hamburgers, chips
17 Roast Chicken	18 Apricot chicken	19 *Crockpot Lasagne	20 Grilled fish, wedges, tossed salad	21 Moo Pizza	22 Salmon fritters, potato wedges, salad	23 Tacos
24 Roast Lamb	25 Honey mustard chicken, vegetables	26 Spaghetti Bolognese, garlic bread	27 Sweet lamb curry & rice	28 Moo Pizza	29 Sweet & Sour vegetables & Singapore noodles	30 Haystacks