

Cath's Meal Plan June 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Pasta Bake	2 Lamb Moussaka	3 MOO Pizza	4 Quiche, salad	5 Toasted Sandwiches
6 Roast Chicken	7 Kransky, potato bake	8 Spag bol	9 Curried Chicken, rice	10 MOO Pizza	11 Pumpkin Soup	12 Sausage Rolls
13 Roast Beef	14 Stuffed drumsticks	15 Italian Vegetarian Meatballs	16 Curried Beef	17 MOO Pizza	18 Fish, potato gems, coleslaw	19 Quesadillas
20 Roast Chicken	21 Corned beef, mash, carrots, mustard sauce	22 Baked Spaghetti, salad, garlic bread	23 Butter Chicken, rice	24 MOO Pizza	25 Roast pumpkin & parmesan risotto	26 Enchiladas
27 Roast Lamb	28 Chicken pie	29 Pasta Alfredo, salad	30 Sweet Lamb Curry			

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