

## November 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Stuffed Drumsticks, baked veg, gravy	2 MOO Pizza	3 Cream Cheese Patties, salad	4 Freezer Meals
5 Roast Chicken & Veg	6 BBQ, salad, bread rolls	7 Ravioli in Tomato Sauce	8 Aunt Mary's Beef Casserole, mash	9 MOO Pizza	10 Rissoles, salad	11 Lamb Souvlakis
12 Roast Beef & Veg	13 Fish cakes, salad	14 Poor Man's Lasagne, garlic bread, salad	15 Cottage pie, veggies	16 MOO Pizza	17 Corn fritters, salad	18 Tacos
19 Roast Chicken & Veg	20 Quick Rice Patties, salad	21 Ricotta Gnocchi, salad	22 Chicken Pie, veggies	23 MOO Pizza	24 Fish Cakes, salad	25 Haystacks
26 Roast Lamb & Veg	27 Chicken & vegetable risotto	28 Spag bol, salad, garlic bread	29 Schnitzels, tomato gravy, wedges, salad	30 MOO Pizza		