

# Cath's Meal Plan November 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<b>1</b> Chicken burgers	<b>2</b> Nachos
<b>3</b> Roast Chicken	<b>4</b> Corned beef, mash, mustard sauce	<b>5</b> Spag bol, salad	<b>6</b> Haystacks	<b>7</b> MOO Pizza	<b>8</b> Curried Tuna Slice, salad	<b>9</b> Cheese burgers
<b>10</b> Roast Beef	<b>11</b> Stuffed drumsticks, salad	<b>12</b> Spinach Ricotta Ravioli, salad	<b>13</b> Sausages, onion gravy, mash	<b>14</b> MOO Pizza	<b>15</b> Kransky, potato bake	<b>16</b> Tacos
<b>17</b> Roast Chicken	<b>18</b> Sausages, salad	<b>19</b> Pasta bake, salad	<b>20</b> Meatloaf, salad	<b>21</b> MOO Pizza	<b>22</b> Cream Cheese Patties, salad	<b>23</b> Muffin Surprise
<b>24</b> Roast Lamb	<b>25</b> Corn fritters, salad	<b>26</b> Lasagne, salad	<b>27</b> Lemon Chicken, rice	<b>28</b> MOO Pizza	<b>29</b> Fried rice, spring rolls	<b>30</b> Lamb Souvlakis