

# Cath's Meal Plan November 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Roast Lamb	2 Schnitzels, tomato gravy, mash, peas	3 Fettucine Alfredo	4 Party Food - Birthday Dinner	5 MOO Pizza	6 Chicken Cacciatore, rice	7 Chicken Cacciatore, rice
8 Roast Chicken	9 Pot Roast with potato, carrot, onion, parsnip	10 Ricotta Gnocchi	11 Meatloaf, mash, veg, gravy	12 MOO Pizza	13 Fish, chips, salad	14 Baked Chicken Enchiladas
15 Roast Beef	16 Chicken Pot Pie, veg	17 Pasta Bake	18 Roast Beef Rolls, gravy, chips	19 MOO Pizza	20 Honey Soy Chicken, fried rice	21 BBQ Sausage Sandwiches
22 Roast Chicken	23 Party Food - Birthday Dinner	24 Spag Bol	25 Corned Beef Hash	26 MOO Pizza	27 Kransky, hot potato salad	28 Freezer Meals
29 Roast Lamb	30 Stir-fried noodles & veggies					

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