

Cath's Meal Plan December 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Roast Chicken	2 Stuffed Potatoes	3 Spag bol, salad	4 Sweet lamb curry, rice	5 MOO Pizza	6 Stir-fried noodles & veggies	7 Honey Soy Chicken, fried rice
8 Roast Beef	9 Quick Rice Patties, salad	10 Alfredo bake, salad	11 Sweet'n'Sour Chicken, rice	12 MOO Pizza	13 Roast beef & gravy rolls	14 Haystacks
15 Roast Chicken	16 BBQ Meatloaf, salad	17 Pumpkin Ravioli	18 Corned Beef Pie, salad	19 MOO Pizza	20 Fish, wedges, coleslaw	21 Tacos
22 Roast Lamb	23 Honey Soy Chicken, fried rice	24 Spinach Ricotta Ravioli, salad	25 Christmas Dinner	26 MOO Pizza	27 Chicken Cacciatore, rice	28 BBQ, salad
29 Roast Chicken	30 Cheat's Tandoori Lamb, salad	31 NYE BBQ				