

# Cath's Menu Plan December 2007

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Mon	Tue	Wed	Thu	Fri	Sat	Sun
					1 Tacos	2 Roast lamb & veggies
3 <i>Graduation Dinner—out for tea!</i>	4 Lamb rollups & salad	5 Cream cheese rice patties & salad	6 BBQ minted lamb chops & salads	7 Vegetable moussaka	8 Muffin surprise	9 Roast chicken & veggies
10 Curried tuna slice & salad	11 Satay chicken & fried rice	12 BBQ sausages & salads	13 <i>Christmas party—out for tea!</i>	14 Impossible Quiche & salad	15 Stir-fried vegetables & Singapore noodles	16 Roast lamb & veggies
17 Vegetarian plum skewers & fried rice	18 Lamb fritters with sweet chilli sauce & salads	19 Meatloaf with BBQ sauce & salads	20 BBQ chicken wings & salads	21 Mexican meatballs, rice	22 Vegeburgers & salad	23 Roast Chicken & veggies
24 Sweet & sour chicken & fried rice	25 Christmas Dinner	26 BBQ & salads	27 Corn fritters & salads	28 Homemade mini pizzas	29 Haystacks	30 Roast lamb & veggies
31 BBQ & salads						

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