


Cath's Menu Plan December 2008

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Mon	Tue	Wed	Thu	Fri	Sat	Sun
1 French steak, tossed salad, bread stick	2 Pasta bake, tossed salad, garlic bread	3 BBQ sausages, coleslaw, bread rolls	4 Fishcakes, coleslaw, potato gems	5 Baked potatoes, coleslaw, cheese, beetroot, sour cream, pine-	6 Haystacks	7 Roast Chicken, baked vegetables
8 Mexican meatballs, savoury rice	9 Chicken & mushroom pies, steamed vegetables	10 Meatloaf muffins, steamed potato, beans, carrot, zucchini	11 Cream cheese rissoles, salads	12 Curried tuna slice, salads	13 Enchiladas	14 Greek style Lamb, garlic & rosemary baked vegetables
15 Bread fritters, gravy, salads	16 Yorkshire meat pancakes, salad	17 Salmon & potato rissoles, tossed salad	18 Stuffed peppers	19 Refrigerator lasagne, salad, garlic bread	20 Homemade hamburgers	21 Slow cooker pot roast, mashed potato, peas, corn, gravy
22 French style sandwiches	23 Tomato & onion quiche, salads	24 BBQ—chicken kebabs, tossed salad, naan bread	25 Christmas Day	26 Boxing Day leftovers & salad	27 BBQ & salads	28
29 Honey soy chicken wings, fried rice	30 Crumbed schnitzels, salads	31 BBQ, salads, bread stick				

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