

Cath's Meal Plan December 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Chicken & Mushroom Pasta	2 Steak & salad	3 MOO Pizza	4 Lamb Souvlakis	5 Toasted Sandwiches
6 Roast Chicken	7 BBQ, salad	8 Vegetarian Lasagne	9 Sweet & sour chicken & rice	10 MOO Pizza	11 Chicken & vegetable risotto	12 Cheesy Filled & Grilled Quesadillas
13 Roast Beef	14 Smoky Chipotle Drumsticks, salad	15 Cannelloni	16 Curried Tuna Slice, tossed salad	17 MOO Pizza	18 Roast beef & gravy sandwiches, chips	19 Hawaiian Haystacks
20 Roast Chicken	21 Cream Cheese Patties, salad	22 Refrigerator Lasagne	23 Rissoles, salad	24 MOO Pizza	25 Christmas Dinner	26 Christmas Leftovers
27 Roast Lamb	28 Cheat's Tandoori Lamb, salad	29 Spag Bol	30 Lamb Souvlakis	31 New Year's Eve BBQ		