

Cath's Meal Plan February 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 Haystacks
2 Roast Beef	3 Fish Cakes & Salad	4 Lasagne	5 BBQ Sausages, salad	6 Moo Pizza	7 Honey Soy Chicken, salad, rice	8 Muffin Surprise
9 Roast Chicken	10 Quiche & salad	11 Mock Cannelloni	12 Chicken pies, salad	13 Moo Pizza	14 Sausage rolls, salad	15 Nachos
16 Roast Lamb	17 BBQ Meatloaf, salad	18 Spag bol	19 French Shepherds Pie	20 Moo Pizza	21 Fried rice, spring rolls	22 BBQ & salad
23 Roast Chicken	24 Cream Cheese Patties, salad	25 Ricotta Stuffed Shells	26 Sausages & salad	27 Moo Pizza	28 Haystacks	