

Cath's Meal Plan March 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 Toasties
2 Roast Beef	3 Tuna Surprise, salad	4 Lasagne	5 Mexican Meatballs, Spanish Rice	6 Moo Pizza	7 Chicken patties, mash, veggies, gravy	8 Freezer Meals
9 Roast Chicken	10 Schnitzels, tomato gravy, mash, veggies	11 Vegetable Pasta Bake	12 Chicken pie, mash, veggies	13 Moo Pizza	14 Apricot Chicken, mash, veggies	15 Pumpkin soup, crumpets
16 Roast Lamb	17 Rissoles & gravy	18 Spag bol	19 Sweet Lamb Curry	20 Moo Pizza	21 Chicken Parma, chips, salad	22 Cheese toasties, tomato soup
23 Roast Chicken	24 Quiche & salad	25 Spag Carbonara	26 Meatloaf, salad	27 Moo Pizza	28 Kransky, Hot Potato Salad	29 Nachos
30 Roast Beef	31 Fish Cakes, chips & salad					