

Cath's Meal Plan May 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 Moo Pizza	2 Tuna Surprise	3 Freezer Meals
4 Roast Chicken	5 Easy Chicken & Parmesan Risotto	6 Spag bol	7 Apricot Chicken, mash, veggies	8 Moo Pizza	9 Fish cakes, salad	10 Tomato Soup, grilled cheese
11 Roast Lamb	12 Quiche & salad	13 Chicken Broccoli Pasta Bake	14 Sweet Lamb Curry	15 Moo Pizza	16 Stuffed Potatoes	17 Toasties
18 Roast Chicken	19 Fish Cakes & Salad	20 Easy Saucy Spinach Feta Penne	21 Mexican Meatballs, rice	22 Moo Pizza	23 Honey Soy Chicken, rice	24 Quesadillas
25 Roast Beef	26 Chicken Enchiladas	27 Lasagne	28 Meat pie, mash, veggies	29 Moo Pizza	30 Italian Vegetarian meatballs, pasta	31 Beef & Bean Burritos