MOO Dishwasher Cubes

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While this recipe is pretty simple, with only three ingredients and doesn't require cooking of any kind, it does require that you follow the directions completely, or it won't come out properly. I repeat: it does require that you follow the directions completely, or it won't come out properly.

You will need:

3 cups water
1-1/4 cups washing soda
3 tbsp liquid castile soap* (peppermint is nice for dishes)
1 litre bowl or jug
Stick blender
Silicon ice cube tray

Step 1. Put the water and the liquid castile soap into the jug. Add the washing soda. Stir to combine. Add the washing soda and stir thoroughly until it is dissolved. The washing soda needs to be thoroughly and completely dissolved. The mixture will thicken and turn milky - don't worry, it's fine.



Step 2. Leave for 1 hour then whisk again. Give your arms a good workout. Whisk and whisk. This goop needs to be mixed up really well. Leave for two hours, when the mixture should have turned to a gel.

Step 3. Whip with a stick blender until the mixture is creamy and smooth. Spoon into the ice cube tray. Level off the top of each cube. Leave overnight to set. Use one tablet per load of dishes. Keep the tablets in a dry, airtight container.

*Do not use regular dishwashing liquid, it will create far too many suds and you risk damaging your dishwasher. Castille liquid soap is very low sudsing which is why it is suitable to use in these dishwasher cubes.

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